

PSHE Programme

School Year	Assembly Focus	2 lessons per fortnight, 1-G have 3 lessons per fortnight (1 = Life Skills-see next column)	2 lessons per fortnight, 1-G have 3 lessons per fortnight (1 = Life Skills-see next column)	2 lessons per fortnight, 1-G have 3 lessons per fortnight (1 = Life Skills-see next column)	1 lesson per fortnight	1 lesson per fortnight
Week		Year 7	Year 8	Year 9	Year 10	Year 11
1.	Expectations	ICE Values & Lesson expectations	ICE Values & Lesson expectations	ICE Values & Lesson expectations	ICE Values, Lesson expectations and Students Voice/Council	ICE Values, Lesson expectations and Students Voice/Council
2.	Homework	Student Voice/Council	Student Voice/Council	Student Voice/Council	Prevent & E Safety	Prevent & E Safety
3.	BV1 / Prevent	Prevent	Prevent	Prevent		
4.	World Atheisms	Black History Month-What is it? Why does it exist?	Black History Month-How views have changed over time	Black History Month-Influential non-white people of the world	Black History Month- Case studies, Influential non-white people of the world	Black History Month- Case studies, Influential non-white people of the world
5.	ADHD	E Safety	E Safety			
6.	Base Group Lead 1	Racism- exploring the effects	Racism- the senseless and different types	Racism- Discrimination laws and acts of Racism		
7.	Having a 'can do' attitude	Knowing Right from Wrong	Expressing yourself Positively	Making Positive Choices	Racism and Prejudice	Racism and Prejudice
8.	BV2	RE- (Hinduism)	Puberty: growth and change physically, mentally and emotionally	Respecting Doesn't Always Mean Agreeing		
9.	Alcohol Awareness	Recognising Bullying and Abuse in all its forms	Bullying-Why do people bully? What are the effects? Where does it happen?	Bullying- Taken too far, The lasting effects.	Bullying, Discrimination and Equality	Respecting other's choices- Euthanasia
10.	Bullying	Alcohol Awareness- The reasons and the dangers	Alcohol Awareness- Addiction and how habits change lives.	Alcohol and Drugs- the short and long term effects of substance abuse		
11.	Debriefing	Self- Esteem and Self Confidence	Self- Esteem and Self Confidence	Self- Esteem and Self Confidence	Alcohol, Drugs and their impact on Judgement, Consent and foetus'	Alcohol and Drugs- Worst case scenarios, Amputations etc. How to help others
12.	Base Group Lead 2	RE- (Judaism)	RE- Does God exist? (Evidence and Proof)	Anti- Social Behaviour		
13.	Human Rights	RE- (Shiism)	RE- (The Cosmological Argument)	RE- Religious views on... Sex and Marriage	Consent and how to detect it is given **	Consent and the consequences
14.	Rewards	RE- Rituals (Christianity)	RE- (The Theological Argument)	RE- Religious views on... Life after Death		
15.		Expectations & Values revisited	Expectations & Values revisited	Expectations & Values revisited	Expectations & Values revisited	Expectations & Values revisited
16.	Expectations	RE- (Buddhism)	RE- (The Argument for Morality/Immortality/ Conscience)	RE- Religious views on... Animal Testing	Empathy and Respect	Morals and Ethics
17.	BV3	RE- (Islam)	RE- Assessment Lesson	RE- Religious views on... The Death Penalty and Customs (Faith Cards)		
18.	Base Group Lead 3	RE- Rituals Assessment	RE- Post-Assessment Lesson	RE- Religious views on... Disability	Consumer Rights	Gangs and Violence-Statistics
19.	Holocaust	Smoking & Vaping	Disability- can all disabilities be seen,?	Holocaust		
20.	Internet Safety	LGBT- what does it stand for?	LGBT- That's Gay! why homophobic language is unacceptable.	LGBT- Can you always tell someone is different to you?!	Holocaust	Holocaust
21.	The Pay Gap	LGBT- what does it stand for?	LGBT- That's Gay! why homophobic language is unacceptable.	LGBT- Can you always tell someone is different to you?!		
22.	Aspirations	Low relating to carrying an offensive weapon	Healthy Lifestyle and avoiding bad Eating Habits and disorders	Does Money really mean Happiness?	LGBT- FIT DVD	LGBT- FIT DVD
23.	National careers Week	Influential women	Powerful Women- The changes over time	Are men really the stronger sex?		
24.	BV4	Diet, Health and Hygiene- how to access local health services	Political parties and what they stand for	Body Dysmorphia- A day in the life of a sufferer	Freedom of Speech and Opinion	Safe Banking (Money)- Loan sharks Vs Bank loans (APR) etc
25.	The impact of taking drugs	Poem/ short story writing about eliminating Racism and Discrimination	Poem/ short story writing about eliminating Racism and Discrimination	Poem/ short story writing about eliminating Racism and Discrimination		
26.	Base Group Lead 4	Poem/ short story writing about eliminating Racism and Discrimination	Poem/ short story writing about eliminating Racism and Discrimination	Poem/ short story writing about eliminating Racism and Discrimination	Clinical Justice & Human Rights	Coping with Exam Stress & Revision Tips
27.	Rewards	Drugs- knowing the meaning of a 'habit' and 'dependence'	The Value of life- Knife and guns crime	The Value of life- Knife and guns crime		
28.	Expectations	Resilience	Stereotypes	Income Vs Cost of Living	Morals and Ethics	
29.	BV5	Discrimination- should age factor into the way people are treated?	Discrimination- Looking at CV's. Why did I not get the job? Name, age, sex, spelling, ethnic background)	Discrimination- the need to challenge people and change views in the community		
30.	Students Leadership team	Media- How young people are portrayed	Respecting Other's Opinions	Media- influence on body image and the perception of an idealised artificial body shape	Gangs and Violence- Why and how people get involved (family culture, grooming, threat etc)	
31.	Climate change and the impact on me	Mental Health & Wellbeing- Depression and anxiety	Mental Health & Wellbeing- body image and disorder	Mental Health & Wellbeing- Self Harm		
32.	Base Group Lead 5	Treat Others as you would like to be treated	Relationship Changes- from child to adult	Wealth Vs Poverty & 'poor' in Britain really poor?	Credit Vs Debt	
33.	BV6	First Aid- Basic FA tips and Resuscitation	How fashion has changed over the decades	Sexual Education- how to assess readiness for sex and the correct use of contraception	Credit Vs Debt	GCSE Exam Season
34.	Sports Day	Relationship Changes- loss, separation and divorce	Drugs- Do you have to take drugs for them to affect you? (possession, dealing, family, pregnancy)	Relationship- The consequences of unwanted pregnancies and teenage pregnancy	Sexual Health- Avoiding STIs and Pregnancy	
35.	Refugees- How can we help those in need?	What is a Refugee?	A day in the life of a Refugee- case studies	First Aid- Are symptoms always evident? Hidden problems)		
36.	Good Manners	What would you do with £1 million?	Consent- The 4 elements of informed consent.	Consent- Can everyone have control of their own consent? (illness and mental issues)	Relationship Abuse**	
37.	Debate	Animal Testing- is it cruelty or necessary?	First Aid- Scenario- what would you do?	Peer Pressure		
38.	Base Group Lead 6	Banking and Saving	Spending Vs Saving	Spending Money Wisely	Mental Health & Wellbeing- Suicide statistics	
39.	Rewards	Is it ok for boys to cry?	Trolling- what is it? What effect does it have? Why do it?	Cosmetic surgery- how it is glorified in the media. Should people under 25 be allowed it?		
40.		Do you get a second chance to make a first impression?	The consequences of gambling	How will you adapt to GCSE?	How will you adapt to year 11?	

British Values	SMSC	PSHE
Democracy	Spiritual	Core Theme 1- Health and Wellbeing
Rules of Law	Moral	Core Theme 2- Relationships
Individual Liberty	Social	Core Theme 3- Living in the Wider World
Mutual Respect	Cultural	
Tolerance of those with different faiths and beliefs		